

Arnold P. Nerenberg, Ph.D., BCFE, DABS



Clinical Psychologist

Diplomate, American Board of Psychological Specialties

Diplomate, Board Certified Forensic Examiner

Diplomate Status, Board Certified:

- ◆ American Board of Psychological Specialties with a Forensic Specialty in Trauma/PTSD
- ◆ American Board of Professional Disability Consultants
- ◆ The American Academy of Experts in Traumatic Stress

Fellowships:

- ◆ Fellow of American College of Forensic Examiners
- ◆ Fellow of the American Academy of Experts in Traumatic Stress
- ◆ Life Fellow of the American Association of Integrative Medicine

Certified:

- ◆ Certified by the National Board of Cognitive Behavioral Therapists in Domestic Violence and an Addictions Specialist
- ◆ Board Certified in Motor Vehicle Trauma and in Emergency Crisis Response
- ◆ Certified Sports Psychologist, by National Institute of Sports Division of Psychologists

Dr. Nerenberg has conducted seminars for over 25 major corporations and organizations, including

Kodak, Mitsubishi, UPS, Fireman's Fund, Qualcomm, American Red Cross, U.S. Marines Corps, U.S. Navy, U.S. Army, U.S. Postal Service, and the University of California of San Diego. He has served as a consultant to the United States Congress and the Attorney General for the State of California.

Professional Timeline

- 2008 The "Freedom Team Salute" awarded by General George W. Casey, Jr.,
United States Army, Chief of Staff
- 2007 President and Chancellor of the "The Nerenberg Graduate Institute";
The United States Army uses Dr. Nerenberg's "Mind-Body Workout System" to enhance
combat readiness and to prevent PTSD
- 2006 Awarded Title "Strongest Man in the World" for age and weight
- 2005 Founder of Gym Therapy: Mind-Body-Workout System
- 2003 Co-founder World Legion of Power and World Champion Power Lifter
- 2002 Awarded "The Coin" by General Donald in recognition of Outstanding
Performance at the DCSPIM General's Conference at Fort McPherson
- 2000 Founder of the Power-Thought System
- 1999 Substance Abuse Seminars for California State Department of Corrections
- 1998 Adjunct Associate Professor- Department of Civil& Environmental Engineering,
San Diego State University- San Diego, California;
Researcher at the California Institute of Transportation & Safety Member;
National Advisory Board of American Institute for Public Safety;
Founder of Parental Respect Therapy
- 1996 Founder of "Road Rage Movement" as featured in Newsweek, Washington Post, People
Magazine, LA Times, NY Times, 48 Hours, Montel, Sally, Politically Incorrect, MSNBC, CNN, FOX News, Court
TV and more
- 1987 (To Present) Private Practice - Licensed Clinical Psychologist, Whittier, California
- 1980 Founder, Retirement Seminar for Military Personnel Armed Services YMCA
- 1975 Director of Menta1 Health Services and Child and Family Guidance Center
- 1974 President of North San Diego Psychological Association - San Diego, California
- 1973 Chief Psychologist, Portsmouth Receiving Hospital- Portsmouth, Ohio
- 1971 Community Mental Health Psycho1ogist- Los Angeles, California
- 1969 University of Texas - Ph.D.
- 1965 Columbia University - MA